



FROM THE CARROT PATCH

CHECK OUT OUR NEW SALADS! AND OTHER LUNCH ITEMS

Beet - Goat Cheese Salad

Baby arugula, shredded beets, goat cheese, walnuts,
red wine vinaigrette 12

Zorba's Salad

Baby field greens, confetti grape tomatoes, chickpeas, black olives, feta
cheese, stuffed grape leaves, red wine vinaigrette 13

Mango – Goat Cheese Salad

Baby field greens, fresh mango, goat cheese, sun-dried cranberries,
walnuts, mango vinaigrette 12

Watermelon-Feta Salad

Cubes of fresh watermelon and feta cheese with baby arugula 6

Veggie Burger Platter (Vegan)

A vegan blend of grains, soybeans and veggies, on a bed of baby arugula
with hummus and olives 12

Quiche with Baby Field Greens

Handmade quiche from Ceci Cela patisserie, with baby field greens,
red wine vinaigrette 12

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FROZEN YOGURT SMOOTHIES

16 oz. 8 24 oz. 10

Açai Almond Berry

plain frozen yogurt, açai, almond butter, raspberries, strawberries, blueberries, almond milk

Açai Double Shot

plain frozen yogurt, açai, raw cacao nibs, double shot of espresso, almond milk

Coconut Matcha

plain frozen yogurt, matcha green tea, banana, coconut milk

Almond Butter Banana Blast

plain frozen yogurt, almond butter, banana, raw cacao nibs, almond milk

Cacao-nana

plain frozen yogurt, raw cacao nibs, banana, coconut milk

Add Plant or Whey Protein to any smoothie + 1

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FRUIT & YOGURT BOWLS

8 oz. 6

Banana Honey Almond Butter

lowfat yogurt, almond butter, slices of banana, drizzle of honey

Blueberry Açai

lowfat yogurt, açai purée, fresh blueberries, granola, raw cacao nibs

Strawberry Kiss Granola

lowfat yogurt, fresh strawberries, granola, raw cacao nibs

Mango Coconut Granola

lowfat yogurt, fresh mango, granola, shredded coconut

FRUIT SALADS

8 oz. 6

Mango-Blueberry

Pineapple-Watermelon

Strawberry-Banana



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