

— B CAFÉ SALADS —

GREEK SALAD

Romaine lettuce, diced tomatoes, chickpeas, black olives, feta cheese, cucumbers with lemon oregano vinaigrette and pita bread 11

FLAGSHIP TRIO SALAD

Mixed greens, diced tomatoes, cucumbers, carrots, topped with egg salad, Sonoma chicken salad, Forty Carrots classic tuna salad, lemon oregano vinaigrette 14

MANGO CHICKEN SALAD

Mixed greens, grilled chicken, fresh mango, goat cheese, sun-dried cranberries and candied fire roasted walnuts, mango vinaigrette 14

— SANDWICHES —

BLOOMINGDALE'S FORTY CARROT CLASSIC TUNA SALAD

Line-caught white meat tuna with celery, grated carrots, mayonnaise and sprouts on organic seven-grain bread 11

SONOMA CHICKEN SALAD

Chicken breast with raisins, chives, cashews and grapes in a tarragon dressing on organic cranberry walnut bread 11

TURKEY EASTSIDER

House roasted turkey breast with Alpine lace Swiss cheese, lettuce, tomato and Russian dressing on pita bread 11

— BEVERAGES —

— COLD —

- Shoppers brew: half tea, half lemonade 4**
- Boxed water is better at Bloomingdale's 3**
- Coca-Cola / Diet Coke 2.75**
- Lemonade 4**
- Fresh squeezed orange juice 4**
- Cobalt Blue Saratoga sparking water 2.5**
- fresh brewed Mighty Leaf ice tea 3**
- honest teas/ades 4**
- fresh brewed iced coffee, regular or decaf 2.75**

— HOT —

- 100% colombian coffee, regular or decaf 3**
- Espresso 2.75**
- Latte 3.5**
- Cappuccino 4**
- Fresh brewed mighty leaf tea 3**
- Steamed Ghirardelli hot chocolate 4**

— OUR EXCLUSIVE FORTY CARROTS FROZEN YOGURT —

FORTY CARROTS FROZEN YOGURT

REGULAR 6.00 LARGE 7.50

FORTY CARROTS PREMIUM TOPPINGS 2.00 EACH
Chocolate-covered pomegranate seeds,
blueberries, strawberries, pineapple, banana,
mango, walnuts, pecans, almonds

FORTY CARROTS CLASSIC TOPPINGS 1.00 EACH
Melba sauce, wildflower honey, raisins,
rainbow sprinkles, chocolate sprinkles,
Reese's Pieces, shredded coconut, granola,
carob chips, caramel, sun-dried cranberries

TOPPINGS FOR THE YOUNG AT HEART 1.00 EACH
Oreo crumbles, gummi bears, malted milk balls,
chocolate covered gummi bears, b&b's,
Reese's Peanut Butter Cup chunks

FORTY CARROTS FROZEN YOGURT SMOOTHIES

16oz. 7.00 22oz. 9.00

MORNING BLAST
Coffee frozen yogurt, shot of espresso,
skim milk, wheat germ

RASPBERRY BLAST
Frozen yogurt, skim milk, honey, raspberries

BANANA WHISK
Frozen yogurt, honey, skim milk, banana

TROPICAL SUNRISE
Frozen yogurt, honey, orange juice,
pineapple, strawberries

CHOCONANA
Chocolate frozen yogurt, banana,
skim milk, chocolate syrup

All smoothies can be made with almond milk at your request

— DESSERTS —

Our famous carrot cake 6
Traditional pound cake 3.50

Russian cinnamon walnut coffee cake 5 **a la mode 6**
Brownies 4